



2018-2019  
ANNUAL  
REPORT

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[interculturalseniorcenter.org](http://interculturalseniorcenter.org) / 402.444.6529  
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# WELCOME HOME

*In 2019, the Intercultural Senior Center moved to a beautiful new location and can offer more help than ever to older adults*



Dear friends,

I am honored to share the joy the past year has brought to every person who walks through the new doors of ISC. Our new location is warm and welcoming to volunteers, partner agencies, and of course, to older adults from a variety of backgrounds.

Their reasons for starting at ISC vary: they need help with meals or groceries, accessing physical or behavioral health care, or studying for the citizenship exam. But their reason for staying is the same. ISC is like a family, where people can share their dreams, their worries, and their celebrations, knowing that we provide a loving place for them.

Creating opportunities for older adults to learn, grow, and share their talents and wisdom with the wider community--this is what we have worked together to create this year.

A handwritten signature in blue ink, appearing to read "Carolina".

## Don Anselmo's Story

For Don Anselmo, being isolated at home meant no escape from loneliness, poor nutrition, and worsening health after the deaths of his wife and daughter. Thanks to ISC's door-to-door transportation, he comes daily, socializing at lunch, learning English, and doing jigsaw puzzles. His social worker helps him make and keep appointments for his physical and mental health. "I have choices here," he says, and it lifts his spirits to be around his friends every day.



# A YEAR OF SERVICE

*Despite a five-week gap in services for our move, ISC is welcoming more seniors than ever and helping them in new ways.*

# 68.5

**AVERAGE AGE OF PARTICIPANTS**

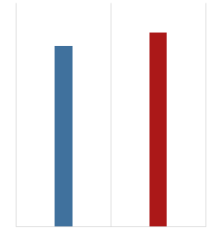
ISC's starting age is 50 and ranges up to 97.

# 2,338

**CASE MANAGEMENT APPOINTMENTS**

ISC social workers saw 297 individuals 2,338 times, an increase of 24% over the previous year. The most common needs are health care coordination and applying for benefits.

# 347



**INDIVIDUALS SERVED**

This is a 7% increase over the previous year. Average daily attendance is 80 people, and four to six languages are spoken at ISC on any given day.

# 97%

**REPORT A POSITIVE IMPACT FROM ATTENDING ISC**

Examples include learning English, decreasing depression, and getting more exercise. As one woman reported, "It's a place where you get joy and friends."

# 15,260

**NUTRITIOUS LUNCHES SERVED**

ISC served 24% more lunches in 2018-2019. On the busiest days in the summer we regularly served over 100 lunches.

# 2018-2019 FISCAL YEAR

## Financial Summary, Programs and Services, Board List

### SUMMARY OF FINANCIAL POSITION

	2018-2019 Audited	2017-2018 Financial Review
<i>Assets</i>		
Current Assets	\$ 1,588,171	\$ 3,851,069
Property and Equipment	5,032,458	1,471,857
<b>Total Net Assets</b>	<b>6,620,629</b>	<b>5,322,926</b>
<i>Liabilities and Net Assets</i>		
Current liabilities	521,445	99,595
Net assets	6,099,184	5,223,311
<b>Total Liabilities and Net Assets</b>	<b>6,620,629</b>	<b>5,322,926</b>

### Board List

Chair: Cesar A. Garcia, Southside Redevelopment  
Co-Chair: Ellen Fitzsimmons, Immigrant Legal Center  
Treasurer: Ed Finan, American National Bank  
Secretary: Donna Dostal, Pottawattamie County  
Community Foundation  
Rachel Bruch, Deloitte & Touche LLP  
Cassandra Carmicheal, First National Bank  
Molly Carpenter, Home Instead Senior Care  
Bob Herrera, Mutual of Omaha  
Cindy Jodlowski, Blue Cross Blue Shield Nebraska  
Lance C. Jones, CFP  
Julie A. Knutson, Baird Holm LLC  
Orfa Link, House of Brick Technologies  
Shannon Peter, Think Whole Person Healthcare  
Karen E. Rau, Community Volunteer  
Carol Russell, Community Volunteer

### ISC PROGRAMS AND SERVICES

#### SOCIAL SERVICES

Case management  
Food pantry

#### SUPPORT GROUPS

Mental health support  
Caregiver support  
Grandparent support  
Grief support

#### TRANSPORTATION

#### EDUCATION

ESL  
Beginning Spanish  
Citizenship  
Technology

#### FOOD AND DINING

#### HEALTH & WELLNESS

Exercise  
Strength/stability  
Health awareness  
Foot care clinic

#### ARTS & CULTURE

Music, arts, crafts  
Sewing  
Field trips  
Folkloric dance  
Gardening  
Cultural events and celebrations