




May 2019

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Space Available for Community Groups! 1:30pm-4:30pm For more information Call (402) 444-6529.</p>	 <p>*One hour duration per event unless noted.* *Served Daily: Light Breakfast 8:00am-10:00am and Lunch 11:30am-12:30pm* *Calendar is subject to changes.*</p>	<p>1</p> <p>7:30am Yoga 8:00am Breakfast 9:15am-9:45am Zumba 10:00am-10:30am Zumba 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm English Citizenship 12:30pm Walking Club 12:30pm Grocery Shopping (Aldi) 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>2</p> <p>8:00am Breakfast 9:15am-9:45am Salsa 9:30am Foot Care Clinic 9:30am 10-min Chair Massages 10:00am-10:30am Salsa 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 10:30am Karen Support Group 11:30am Lunch 12:30pm Advanced Sewing 12:30pm English Citizenship 12:30pm Combo Citizenship 12:30pm Health Presentation (Tobacco/Betel Nut/Skin Care) 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>3</p> <p>8:00am Breakfast 9:15am-9:45am Exercise with Weights 10:00am-10:30am Exercise with Weights 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm Cinco de Mayo Fiesta 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>
<p>6</p> <p>8:00am Breakfast 9:15am-9:45am Tai Chi 10:00am-10:30am Tai Chi 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm Coloring Corner 12:30pm English Citizenship 12:30pm Spanish Singing Group 12:30pm Walking Club 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>7</p> <p>8:00am Breakfast 9:15am-9:45am Tai Chi 9:30am Advanced Sewing 9:30am Foot Care Clinic 10:00am-10:30am Tai Chi 10:00am-12:00pm Grandparent Support Group 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm Dance It Up! 12:30pm Nepali Singing Club with Opera Omaha 12:30pm Men's Club 12:30pm English Citizenship 12:30pm Routine, Emergency, and Urgent Health Care Presentation 12:30pm Disability Rights Nebraska 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>8</p> <p>7:30am Yoga 8:00am Breakfast 9:15am-9:45am Zumba 9:30am Haircuts with Maria 10:00am-10:30am Zumba 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm English Citizenship 12:30pm Combo Citizenship 12:30pm Spanish Support Group 12:30pm Tech Savvy Seniors 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>9</p> <p>8:00am Breakfast 9:15am-9:45am Salsa 10:00am-10:30am Salsa 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:00pm 10-min Chair Massages 12:30pm Advanced Sewing 12:30pm English Citizenship 12:30pm Combo Citizenship 12:30pm Take a Breath (COPD) Presentation by Angels Care Home Health 12:30pm Merrymakers presents - Joe Taylor 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>10</p> <p>8:00am Breakfast 9:15am-9:45am Exercise with Weights 10:00am-10:30am Exercise with Weights 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Let's Learn Spanish! 10:30am Newspaper Talk 11:30am Lunch 12:30pm English Citizenship 12:30pm Mother's Day Celebration 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>
<p>13</p> <p>8:00am Breakfast 9:15am-9:45am Tai Chi 10:00am-10:30am Tai Chi 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm English Citizenship 12:30pm Spanish Singing Group 12:30pm Grocery Shopping (HyVee) 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>14</p> <p>8:00am Breakfast 9:15am-9:45am Tai Chi 9:30am Advanced Sewing 10:00am-10:30am Tai Chi 10:00am-12:00pm Grandparent Support Group 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm Dance It Up! 12:30pm Nepali Singing Club 12:30pm Men's Club 12:30pm English Citizenship 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>15</p> <p>7:30am Yoga 8:00am Breakfast 9:15am-9:45am Zumba 10:00am-10:30am Zumba 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm Walking Club 12:30pm English Citizenship 12:30pm Combo Citizenship 12:30pm Basic Computer 101 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>16</p> <p>8:00am Breakfast 9:15am-9:45am Salsa 9:30am Immigrant Legal Center 10:00am-10:30am Salsa 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 10:30am Karen Support Group 11:30am Lunch 12:00pm 10-min Chair Massages 12:30pm Advanced Sewing 12:30pm Coloring Corner 12:30pm English Citizenship 12:30pm Combo Citizenship 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>17</p> <p>8:00am Breakfast 9:15am-9:45am Exercise with Weights 9:30am Haircuts with Maria 9:30am Foot Care Clinic 10:00am-10:30am Exercise with Weights 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm English Citizenship 12:30pm Hooks and Needles 12:30pm Math! Sum It Up! 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>
<p>20</p> <p>8:00am Breakfast 9:15am-9:45am Tai Chi 10:00am-10:30am Tai Chi 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm Friendship Bracelets 12:30pm English Citizenship 12:30pm Spanish Singing Group 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>21</p> <p>8:00am Breakfast 9:15am-9:45am Tai Chi 9:30am Advanced Sewing 10:00am-10:30am Tai Chi 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:00am 10-min Chair Massages 11:30am Lunch 12:15pm English Support Group 12:30pm Dance It Up! 12:30pm Nepali Singing Club 12:30pm Men's Club 12:30pm English Citizenship 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>22</p> <p>7:30am Yoga 8:00am Breakfast 9:15am-9:45am Zumba 10:00am-10:30am Zumba 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 10:30am Nepali Support Group 11:30am Lunch 12:30pm English Citizenship 12:30pm Combo Citizenship 12:30pm Spanish Support Group 12:30pm Intro to Smart Devices 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>23</p> <p>8:00am Breakfast 9:15am-9:45am Salsa 9:30am Haircuts with Maria 10:00am-10:30am Salsa 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm Coloring Corner 12:30pm Advanced Sewing 12:30pm English Citizenship 12:30pm Combo Citizenship 12:30pm Walking Club 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>24</p> <p>8:00am Breakfast 9:15am-9:45am Exercise with Weights 9:30am Foot Care Clinic 10:00am-10:30am Exercise with Weights 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Let's Learn Spanish! 10:30am Newspaper Talk 11:30am Lunch 12:30pm English Citizenship 12:30pm Hooks and Needles 12:30pm Math! Sum It Up! 12:30pm Wii Bowling 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>
<p>27</p>  <p>Closed for Memorial Day!</p>	<p>28</p> <p>8:00am Breakfast 9:15am-9:45am Tai Chi 9:30am Advanced Sewing 9:30am Haircuts with Maria 10:00am-10:30am Tai Chi 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm Grief's Journey 12:30pm Nepali Singing Club 12:30pm Men's Club 12:30pm English Citizenship 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>29</p> <p>7:30am Yoga 8:00am Breakfast 9:15am-9:45am Zumba 9:30am Foot Care Clinic 10:00am-10:30am Zumba 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 10:30am Nepali Support Group 11:30am Lunch 12:30pm Dance It Up! 12:30pm Walking Club 12:30pm English Citizenship 12:30pm Combo Citizenship 12:30pm Intro to Typing 12:30pm Five Wishes Presentation 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>30</p> <p>8:00am Breakfast 9:15am-9:45am Salsa 10:00am-10:30am Salsa 10:30am English Literacy 10:30am Basic English 10:30am English Conversation 10:30am Newspaper Talk 11:30am Lunch 12:30pm Advanced Sewing 12:30pm English Citizenship 12:30pm Combo Citizenship 1:00pm May Recognitions 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed</p>	<p>31</p> <p>8:00am Breakfast 9:30am-10:30am Exercise with Weights 10:30am Combined English Class 10:30am Let's Learn Spanish! 11:30am Lunch 12:30pm Movie & Snack 1:30pm Pool and Table Games 1:30pm-4:30pm Community Groups Welcomed *PARK DAY*</p>